



विद्याधनम् सर्वधनं प्रधानम्

NIOS English

लेसन प्लान ऐसे बनाये

★ पूरे नंबर मिलेंगे!

Step by Step
Guide

Lesson Plan

- ☒ Objectives
- ☒ Sub Topics
- ☒ Teaching Learning Activities
- ☒ Resources
- ☒ Evaluation

Plan
Today
Score
Tomorrow
😊

100%
Helpful



Clear Format



Simple Language



NCERT Based



High Score Tips

LESSON PLAN 01

Subject	: Language - II (English)
Class	: Class 1
Lesson No.	: Lesson 1
Topic	: Alphabet A to Z
Duration	: 1 Period (40 - 45 minutes)
Course	: NIOS Bridge Course
Medium	: Simple English (Explanation in Hindi if needed)

1 Need of the Lesson

Alphabet learning is the first step of English language learning. Through this lesson, children develop letter recognition, pronunciation, listening and speaking skills. This lesson lays the foundation for reading and writing English words.

2 Learning Outcomes

After this lesson, students will be able to :

- 1 Recognize English alphabets A to Z
- 2 Pronounce each alphabet correctly
- 3 Identify alphabets through pictures
- 4 Say alphabets in sequence
- 5 Write capital letters A to Z (guided practice)

3 Previous Knowledge

Some students may already know a few English letters through cartoons, rhymes or daily exposure.

4 Teaching Learning Materials (TLM)

- Alphabet Chart (A - Z)
- Picture cards (Apple, Ball, Cat...)
- Flash cards
- Blackboard and chalk
- Student notebooks and pencils

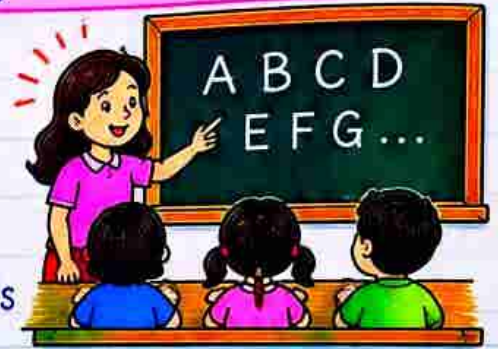
5 Introduction (Motivation)

Teacher asks :

- "Do you know A, B, C?"
- Teacher sings : A B C D... song

Teacher says :

→ "Today we will learn English Alphabets A to Z."



6 Teaching-Learning Process

Step 1 : Presentation

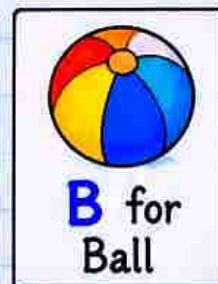
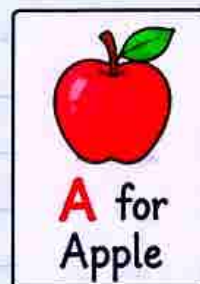
- Teacher shows Alphabet Chart
- Points to each letter and says loudly : A, B, C... Z
- Students repeat together.



Step 2 : Pronunciation Practice

Teacher teaches with pictures :

- A for Apple
 - B for Ball
 - C for Cat
- (Continue till Z orally)
- Students repeat after teacher.

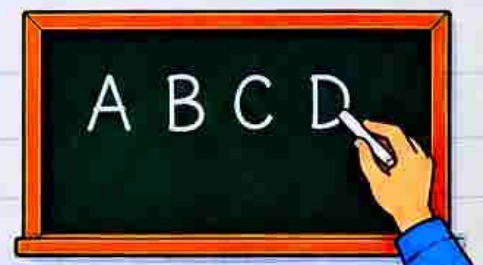


Step 3 : Drill and Repetition

- Teacher says alphabets randomly
- Students identify and repeat
- Individual students are asked to say alphabets.

Step 4 : Writing Practice

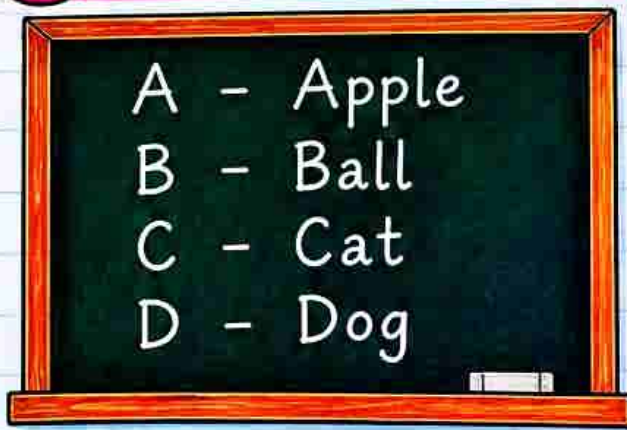
- Teacher writes A B C D on board
- Shows how to write properly
- Students write in air, then in notebook.



7 Student Activities

- Alphabet recitation
- Picture identification
- Air writing
- Blackboard writing (2-3 students)

8 Blackboard Work



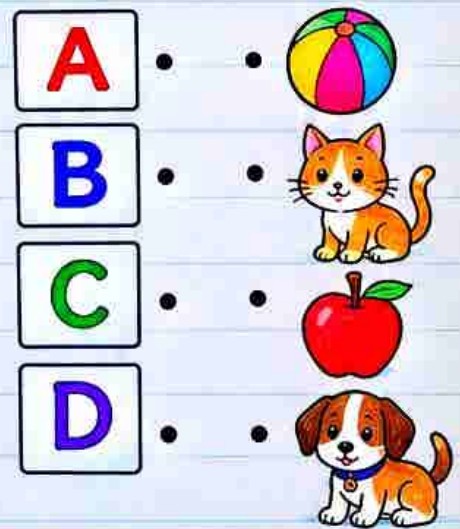
9 Evaluation

Oral Evaluation :

- 1 Say any five alphabets
- 2 Which letter comes after A ?
- 3 A for what ?

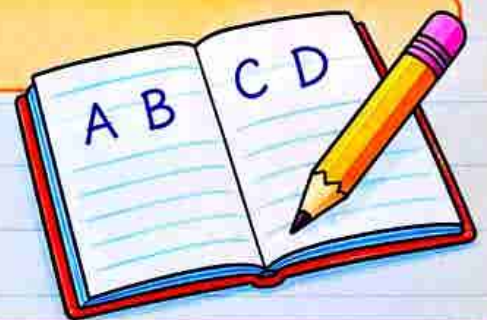
Written Evaluation :

- Write A B C D
- Match alphabet with picture



10 Home Assignment

- Practice A to Z daily
- Write A to D two times
- Learn alphabet rhyme



11 Recapitulation

Teacher revises alphabets by asking students to say A to Z together.

12 Teacher's Reflection

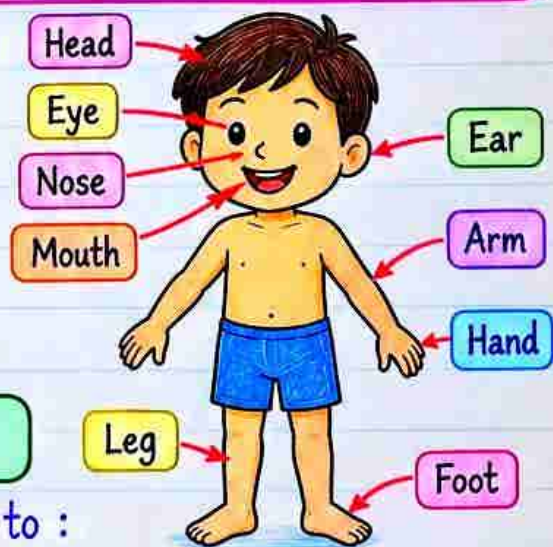
Students showed interest through songs and pictures. Repetition and visual aids helped in better learning. More rhyme-based activities will be added next time.

LESSON PLAN 02

Subject	: Language - II (English)
Class	: Class 1
Lesson No.	: Lesson - 2
Topic	: Body Parts Name
Duration	: 1 Period (40 - 45 minutes)
Course	: NIOS Bridge Course
Medium	: Simple English (Explanation support in Hindi)

1 Need of the Lesson

Learning body parts helps children to identify their own body, improves vocabulary, and develops listening and speaking skills. It also builds awareness about self-care and cleanliness.



2 Learning Outcomes

After this lesson, students will be able to :

- 1 Identify major body parts
- 2 Name body parts in English
- 3 Point to their body parts when asked
- 4 Pronounce body part names correctly
- 5 Use body part names in simple sentences

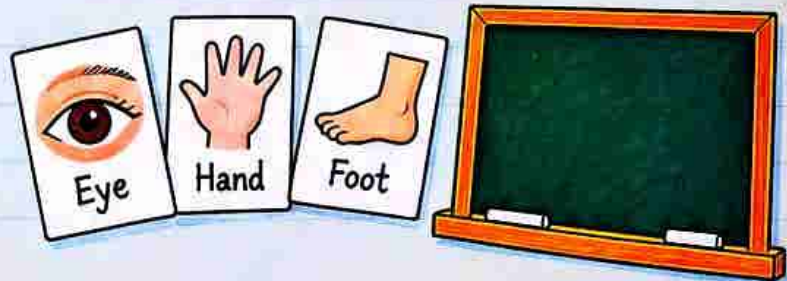
3 Previous Knowledge

Children know their body parts in daily life but may not know their English names.



4 Teaching Learning Materials (TLM)

- Body parts chart
- Picture flash cards
- Blackboard and chalk
- Student notebooks
- Actions and gestures



5

Introduction (Motivation)

Teacher asks :

- "Where is your head ?"
- "Show me your eyes."

Teacher says :

→ "Today we will learn Body Parts Name in English."

6

Teaching - Learning Process

Step 1 : Presentation

Teacher shows body parts chart and says :

- Head
- Eyes
- Ears
- Nose
- Mouth

Students repeat together.

Step 2 : Explanation with Actions

Teacher points to own body and says :

- This is my head.
- These are my eyes.

Students copy actions and repeat words.

Step 3 : More Body Parts

Teacher teaches :

- Hands
- Legs
- Fingers
- Toes

Step 4 : Practice

- Teacher says a body part name
- Students point to that body part
- Individual students name body parts.

7

Student Activities

- Point and say activity
- Action game (Touch your nose, touch your head)
- Repetition drill
- Blackboard identification